

<input type="checkbox"/>	<input type="checkbox"/>
BASE	PREMIUM

Name: \_\_\_\_\_

## Center Membership Enrollment Form

You are allowed to take any class in the package you select. You may change classes or upgrade throughout the semester with approval. Scholarships are available to those who qualify. (Applications are available at the front desk).

**Directions:** Select package in the top right corner then choose the classes in which you want to enroll within the desired package.

## BASE \$20/Month

FITNESS	
Fitness Center	Mon-Fri 8:30-12:00, 1:00-4:00
Chair Aerobics	Mon, Wed, Fri 1:00-1:45
Muscle Energizer	Mon, Wed, Fri 9:00-9:45
One Mile To Go	Tues, Thurs 9:30-10:00 Wed 1:00-1:30
*Open Pool 1**	Fri 11:00-11:30
*Open Pool 2**	Fri 11:30-12:00
Rowing	Mon, Wed, Fri 9:30-10:00 Tues, Thurs 9:00-9:30
Seated Abdominals	Mon, Wed, Fri 2:00-2:45
Totally Fit	Tues, Thurs 11:00-11:45

SPORTS	
Adaptive Sport Rotation (Showdown/Table-Tennis/Archery/Pickleball)	Tues, Thurs 10:00-11:00
Air Rifle	Thurs 1:00-3:00
Beach Volleyball	Mon, Wed, Fri 10:00-10:45
Boccia Ball	Mon, Fri 3:00-4:00
Climbing Wall**	Mon, Fri 8:30-11:00
Community Cycling (March 30- August 17)	Wed 8:30-11:30
Para Powerlifting	Mon, Wed, Fri 1:00-2:30
Power Soccer	Thurs 2:00-3:30
Wheelchair Basketball	Wed 2:00-3:30 Thurs 5:00-7:00
Wheelchair Softball	Tues 1:30-3:30

ARTS AND CRAFTS	
Craft Commons	Fri 9:00-10:30
Drawing	Tues 1:00-2:30
Intro to Visual Arts	Tues, Thurs 10:00-12:00
*Open Art Studio	Mon 10:00-12:00, 2:30-4:00 Wed 9:00-12:00, 1:00-4:00 Fri 10:30-12:00, 1:00-4:00 Tues, Thurs 2:30-4:00
Open Glazing	Wed 9:00-12:00
Painting	Thurs 1:00-2:30

SOCIAL LEISURE AND WELLNESS	
Beginning Horticulture	Mon, Wed 10:30-11:30
Community Connection	Tues 2:00-3:00
Computer Class	Mon, Fri 11:00-12:00
Crochet & Knitting	Fri 9:00-11:30
Memory & Cognition	Wed 2:00-3:30
Morning Glories	Mon, Wed 8:30-10:00
Open Computer	Tues, Thurs 1:00-3:00 Wed 1:00-3:00
Speech & Communication	Tues, Thurs 9:30-11:00
Tai Chi (February 7- April 27)	Mon, Wed 2:00-3:00

Premium classes are listed on the back.

\* Denotes instructor approval or individual scheduling prior to enrollment

\*\* Denotes required COVID-19 Vaccination documentation to participate prior to enrollment

The Center is closed daily between 12:00 p.m.-12:45 p.m. Members and caregivers are asked to leave The Center property for lunch between program schedules during that time.

# PREMIUM \$30/Month

## AQUATICS

Aqua Core 1**	Tue 1:00-1:30
Aqua Core 2**	Tue 1:30-2:00
Aqua Flow 1**	Mon, Thurs 1:00-1:30
Aqua Flow 2**	Mon, Thurs 1:30-2:00
Water Aerobics 1**	Mon, Wed 11:00-11:30
Water Aerobics 2**	Mon, Wed 11:30-12:00

## FITNESS

Yoga Flow	Tues, Thur 10:00-10:45
Yoga For Everyone	Tues, Thurs 1:00-1:45
Trauma Recovery through Movement	Mon, Wed, Fri 10:00-10:45

## CRAFTS

*Beginning Glazing	Mon 9:00-10:00
*Beginning Stained Glass	Thurs 9:00-12:00
Ceramic Sculpture	Mon 1:00-2:30
*Intro. Stained Glass	Thurs 1:00-4:00
Sculpture	Fri 9:00-10:30

\* Denotes instructor approval or individual scheduling prior to enrollment

\*\* Denotes required COVID-19 Vaccination documentation to participate prior to enrollment

### FOR ADMINISTRATION USE ONLY

	Type	Amount
Package		\$
Discount	%	\$
Scholarship	\$	\$
Grand Total		\$

Enrolling in monthly automatic payments  
See ACH form or credit card form

Monthly Amount	\$
----------------	----

### DISCOUNTS AND INCENTIVES

Only ONE DISCOUNT per member

- 1) Member Volunteer = 20% off
- 2) Household Discount = 20% off
- 3) Veteran Discount = 20% off
- 4) Pay in Advance Discount = 20% off

**New Member = ONE month FREE**

Date: \_\_\_\_\_

Type	\$	Detail
Cash		
Credit		#
Check		#

### DISCOUNTS AND INCENTIVES

Only ONE DISCOUNT per member

- 1) Member Volunteer = 20% off
- 2) Household Discount = 20% off
- 3) Veteran Discount = 20% off
- 4) Pay in Advance Discount = 20% off

**New Member = ONE month FREE**